



JANUARY | 2019

Seeger Jr. Sr. High School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>31 Christmas Break</p>	<p>1 Christmas Break</p>	<p>2 Waffles & Sausage Patty *Sweet & Sour or General Tso Chicken *Egg Roll Tater Tots Cauliflower & Cheese Stir Fry Vegetables Fortune Cookie</p>	<p>3 Breakfast Sandwich *Tacos *Chicken Strips French Fries Green Beans Refried Beans</p>	<p>4 Biscuit & Gravy *Spaghetti & Meatballs W/ Garlic Toast *Mozzarella Sticks Spiral Fries Corn Mixed Vegetables Ice Cream</p>
<p>7 Cold Breakfast *Cheeseburger *Quesadilla Onion Rings Corn Mixed Vegetables Cookie</p>	<p>8 Breakfast Pizza w/ Hash brown *Popcorn Chicken *Breadsticks w/ Cheese Potato Wedges Cheesy Green Beans Carrots</p>	<p>9 French Toast Stick w/ Sausage Patty *Texas Straw Hat *BBQ Sandwich Baked Potato Green Beans Refried Beans</p>	<p>10 Breakfast Sandwich *Breaded Chicken Sandwich *Bosco Sticks Au Gratin Potatoes Spinach Baked Beans Cookie</p>	<p>11 Biscuit & Gravy *Cup of Soup *Pizza Potato Stick Corn Peas</p>
<p>14 Cold Breakfast *Chicken Rings *Lasagna Roll-Up & Garlic Toast Potato Wedges Broccoli & Cheese Mixed Vegetables</p>	<p>15 Breakfast Pizza w/ Hash brown *Country Fried Steak *Drumstick Mashed Potatoes & Gravy Sweet Potatoes Corn Roll</p>	<p>16 Pancakes & Ham *Hot & Spicy Chicken Sandwich *Pizza Tatar Tots Cabbage Cauliflower & Cheese</p>	<p>17 Breakfast Sandwich *Chili *Chicken Nuggets French Fries Corn Okra</p>	<p>18 Biscuit & Gravy *Chicken Chipotle Wrap *Jumbo Hot Dog Waffle Fries Baked Beans Green Beans Frozen Treat</p>
<p>21 Cold Breakfast *Turkey Bacon Sub *Pizza Onion Rings Corn Mixed Vegetables</p>	<p>22 Breakfast Pizza w/ Hash brown *Chicken & Noodles w/ Roll *Popcorn Shrimp Mashed Potatoes Cheesy Green Beans Carrots Cookie</p>	<p>23 French Toast & Sausage Patty *Biscuit & Gravy & Omelet *Buffalo Chicken Wrap Hash brown Corn Spinach</p>	<p>24 Breakfast Sandwich *Taco in a Bag *Quesadilla Spiral Fries Refried Beans Green Beans</p>	<p>25 Biscuit & Gravy *Patriot Burger *Corn Dog Potato Sticks Baked Beans Broccoli & Cheese Cinnamon Roll</p>
<p>28 Cold Breakfast *Chicken Melt *Pizza Baby Bakers Broccoli & Cheese Green Beans</p>	<p>29 Breakfast Pizza w/ Hash brown *Chicken Mashed Potato Bowl w/ Roll *Crispitos Mashed Potatoes Sweet Potatoes Corn</p>	<p>30 Waffles & Sausage Patty *Sweet & Sour or General Tso Chicken *Egg Roll Tater Tots Cauliflower & Cheese Stir Fry Vegetables Fortune Cookie</p>	<p>31 Breakfast Sandwich *Tacos *Chicken Strips French Fries Green Beans Refried Beans</p>	<p>1 Biscuit & Gravy *Spaghetti & Meatballs W/ Garlic Toast *Mozzarella Sticks Spiral Fries Corn Mixed Vegetables Ice Cream</p>



"This institution is an equal opportunity provider"

A LINE HOT LUNCH

Choose one of two Hot Entrees, then, choose three sides. Choice of side dishes will vary daily, and

Include such items as:

- Potato
- Two Hot Veggies
- Variety of cold Fruits, Veggies and Vegetable Salad

Milk is included with A-line

STUDENTS MUST GET A 1/2 C. OF FRUIT OR VEGETABLE TO COUNT AS A REIMBURSABLE MEAL

BREAKFAST JUICE AND FRUIT, AND MILK ARE OFFERED. YOU MUST CHOOSE A JUICE OR A FRUIT.

BREAKFAST OPTIONS
OTHER THAN THE HOT ENTREE
CEREAL - MUFFINS
GRANOLA BARS - POP TARTS